

One Lap: 3Miles

Cut Off at Burnside: 2 Miles

Optional Sellwood Bridge loop 9 miles: (not shown on map) : across Hawthorne bridge and south on East Esplanade to Sellwood bridge. Cross Sellwood bridge and follow West riverfront trail back to Foot Traffic)

Extra options

One Lap and one Cut Off lap: 5

One Lap and two Cut Off laps: 7

Three Laps: 9

